

### DESCRIPTION

The HIV Essentials online training series is designed to provide key information about HIV. It covers the basics of HIV and prevention, reviews the biology of HIV and the human immune system, and introduces the learner to different types of HIV treatments and medications as well as tools for adherence. This series is appropriate as an introduction for new staff, or a refresher for any staff who work with people living with HIV.



### ONLINE TRAINING:

Working with the latest technology, we offer on-demand, self-paced trainings that average 30-45 minutes in length. Learners may stop mid-course and return to where they left off. Each course also includes download-able tools and resources. Online training allows for flexible implementation and individual pacing, which leads to improved knowledge retention and integration. We understand that adult learning requires ongoing practice, and we work with organizations to support staff beyond their online trainings, through coaching, practice sessions, and facilitation guides that can be used to encourage continued learning.

### CURRICULUM

The HIV Essentials series contains 3 courses that are foundational for providing services to people living with HIV. Approximately 2 hours of training. These include:

1. HIV Basics & Prevention – Defines HIV and identifies the means of HIV exposure and transmission
2. HIV & the Immune System – Covers the biology and life cycle of HIV, discusses HIV disease progression, and defines and briefly discusses common opportunistic infections and co-infections
3. HIV Treatment & Medications – Includes information on the different types of HIV medications, how they affect the HIV life cycle, possible side effects, the importance of adherence, and information about lab tests and other monitoring

### ENROLLMENT

There are two options for managing learner enrollment.

- Coldspring Center can manage enrollment: The client will send an email with the names and email addresses of the learners they wish to enroll to a Coldspring Center project staff, who will enroll the learner(s) within 2 business days (typically, same day).
- Client can manage enrollment: The client will be provided with a URL to the Learning Center and an access code, which they will then provide to any learner(s) that need to be enrolled.

## EVALUATION, CERTIFICATES, AND CONTINUING EDUCATION CREDITS

If requested, a training evaluation and final report will be provided at the completion of the training. Individuals who complete the training will earn a certificate of completion, and if eligible, Continuing Education Credits (CECs). Coldspring Center partners with the National Association of Social Workers – Colorado Chapter (NASW-CO) to provide the CECs. It is the responsibility of the organization/individual learner to confirm that their specific licensing body will accept CECs from NASW-CO.

## TECHNICAL REQUIREMENTS

Learners will need access to the following:

- Computer or tablet, phones are not recommended
- Browser: must support cookies, and use the most recent version of Google Chrome, Microsoft Edge, Mozilla Firefox, or Apple Safari
- Speakers/headphones/earbuds - for learners with hearing impairments, full script is available
- Webcam

To access courses, training materials, evaluation, and certificates of completion, learners will have an account in the Coldspring Learning Center: <http://coldspringcenter.org/LearningCenter>. Facilitated virtual training is offered using Zoom (unless otherwise agreed upon).

## SERVICES

<b>Services Available</b>	<b>Cost</b>
HIV Essentials (3 courses, 2 hours)	\$40/person
Technical assistance, coaching, systems implementation support (optional)	\$150/hour

## CONTACT US

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